

Local food icons



Top of the class

The Gourmet Ice Cream Company were judged producers of the Best Vanilla Ice Cream in New Zealand by *Taste Magazine* in November 2005, and were the only ice cream company selected in *Cuisine Magazine* Top 100, April 2006.



Digging deeper...

A classic Dunedin fundraising strategy is to make and sell a zillion cheese rolls. There are fancy recipes available but the basic cheese roll is made from a slice of white bread rolled around grated cheese mixed with mayonnaise, onion soup mix or other ingredients, and then toasted.

'We use pure cream, egg yolks and sugar'. Southern men and women eat Southern food and that's been one Dunedin recipe for success. These days, locally produced edibles can constitute anything from a hearty meat pie to black squid ink-flavoured fusilli, or ginger and coriander sorbet. Maltexo, cheese rolls, Marlow Pies, Pasta d'Oro and the Gourmet Ice Cream Company are all thought of as Dunedin food icons.

From 1913, many Otago children started the day with a spoonful of the food supplement Maltexo – concentrated syrups made of barley – produced by Dunedin's Wilson Malt Extract Company. *The Listener's* Keith Stewart remembers, 'Maltexo firmly delivered by mum'.

Marlow Pies began life in Marlow Street, South Dunedin in 1995. They cater to meat lovers and a couple of their vegetarian friends with more than two dozen flavours from traditional mince, to steak and Speights or spinach and feta.

Pasta d'Oro, in Kaikorai Valley Road, was established in 1987. They are manufacturing wholesalers of pesto, fresh egg pasta, dried pasta, ravioli, tortellini, cannelloni, pasta sauces and scallop chowder under the Pasta d'Oro and Primavera brands.

Slightly younger, the Gourmet Ice Cream Company, 'crafted by connoisseurs not chemists', has been operating since 1995. From about 25 initial flavours, they have expanded to a recipe list of about 600. Fancy guava and organic honey, oyster, Vegemite, pistachio and olive oil...?



Among other things, Pasta d'Oro manufacture fresh egg pasta



Mark Scorgie with some of the Gourmet Ice Cream Company's products

